



CLUB CHAMPIONSHIPS 2018 / 2019 Season

Our 2018 - 2019 Club Championships will be held over three and a bit nights - the Open 400 Freestyle events will be held on Friday 15 March (during club races on that night) and the remaining events on Fri/Sat 22/23 March and Fri 5 April. A list of Championship events per age group is shown overleaf. Cost is \$2 per event entered. **Entries for Session 1, the 400 Open, close on Monday 11 March. Entries for Sessions 2-4, all other championship events, will close on Monday, 18 March. Late entries will not be accepted.** Entries and payment are through the "Friday Club Races" portal on the club website under "Competition Entries" on the menu ribbon. The Championships will be swum in accordance with the rules of Swimming NSW. Ribbons will be awarded for the first three places in each age event.

Eligibility

As opposed to previous years, where our rules state that swimmers must have attended a minimum number of Friday nights to be eligible, in recognition that the club is currently going through a re-growth and re-building phase, the committee has agreed that for the 2018 / 2019 Club Championships, **there will be no minimum attendance requirements enforced.** To be eligible to compete in the Championships, swimmers must be first claim members of the Dolphins, and have registered as a member prior to the date of this notice. It is hoped that for club championships in future years, minimum attendance requirements can again be put in place, to encourage attendance on Friday nights.

The Committee will consider appeals regarding ineligibility to swim in Club Championships where exceptional circumstances can be proven. **Any appeals must be lodged with the Committee in writing by the end of swimming on Friday 08 March.** The appeal should clearly set out the grounds, e.g. sickness.

Age

Age is as at 22 March 2019. The only Championship event prior to that date is the 400 Open and there are no age restrictions on that event. Age is therefore based on the first night of the Championship where age restrictions apply.

Swimmers must enter and swim in their own age group. Open events are for all competitors who meet the qualifying requirements (see over for entry times). Events will be swum in age groups where possible but may be combined where there are less than three swimmers in an age group. This will not affect placings or championship points for the age group. It just makes the carnival run more smoothly.

Entry Times

Entry times will be those recorded during the current season.

Some younger swimmers may not have qualified for 100 and 200 metre events for normal club swimming. **This does not stop them swimming those distances in the Championships,** as only OPEN events have qualifying times. **All swimmers may attempt any event for their age group in the program.**

Championship Points

All events except the OPEN events will be included in the championship point score. The winner of each event in each individual age group will be awarded 6 points. Other placegetters from second to sixth will receive respectively 5, 4, 3, 2, 1 points, i.e. the first 6 swimmers in each age group will receive points in each event. There will be no points awarded in an event if disqualified. Championship trophies will be awarded for each age group based on the points scored. **The more age events you swim the more chance you have of winning a trophy.** To qualify for an age trophy, a swimmer **must compete in at least 50% of events for their age group.**

Open Events

Any swimmer may compete in an Open event providing they have swum the relevant qualifying time during the current season. (Times swum in previous seasons **DO NOT** qualify). Championship points are not awarded for Open events. Medals are awarded for the first three places in each Open event.

Qualifying Times for 2019 Open Events

Event	Men	Women
400 F/S	5:15.00	6:00.00
50 BRS	41.00	42.50
50 FLY	31.00	37.50
50 BKS	34.00	40.00
50 F/S	29.50	32.00

Championship Events per Age Group

AGE GROUP	F/S	BKS	BRS	FLY	I/M	TOTAL
6/ Under	25	25	25	25	----	4
7	50	50	25	25	100	5
8	50 / 100	50 / 100	50 / 100	25	100	8
9	50 / 100	50 / 100	50 / 100	50	100	8
10	50 / 100	50 / 100	50 / 100	50 / 100	100	9
11	100 / 200	50 / 100	50 / 100	50 / 100	100	9
12	100 / 200	100 / 200	50 / 100	50 / 100	200	9
13	100 / 200	100 / 200	100 / 200	50 / 100	200	9
15/ Over	100 / 200	100 / 200	100 / 200	100 / 200	200	9
OPEN	50 / 400	50	50	50	----	Optional

IF YOU HAVE ANY QUESTIONS, PLEASE SEE ANY MEMBER OF THE COMMITTEE.