



# Duel Meet 11 Jan, 2019

Macquarie University Sports & Aquatic Centre  
Warm up 6:30pm  
Start 7:00pm

Maximum - 3 individual events

## EVENTS

1. 100m Freestyle
2. 50m Breaststroke
3. 50m Backstroke
4. 50m Freestyle
5. 50m Butterfly
6. 200m Individual Medley
7. Relays

Swim@Barker



**DOLPHINS**  
CASTLE HILL RSL